# **Basic Life Support**





The Basic Life Support course is designed for healthcare professionals who want to learn to recognize life-threatening emergencies, CPR skills, using an AED, and relieving choking in-hospital and out-of-hospital settings.

The VIVO-BLS will add credibility to your skill set.

#### **Intended Audience**

Hospital and pre-hospital health care workers, Medical and Paramedical professionals.

## Participants will learn through

- Instructor-participant interaction
- · Audio-visual training aids
- · Live demonstrations of various skills
- · Hands on practice on manikins
- Practice in groups through scenarios

## **Highlights**

Duration : 6 Hours
Certification : medi-pik
Validity : 2 Years

### **Course Description**

- · Critical concepts of high-quality CPR
- · Adult & Pediatric Chain of Survival
- 1-Rescuer CPR and AED for adult, child and infant
- 2-Rescuer CPR and AED for adult, child and infant
- Differences between adult, child and infant rescue techniques
- · Bag-mask techniques for adult, child and infant
- · Rescue breathing for adult, child and infant
- Relieving choking (Foreign Body Airway Obstruction) in adult, child and infant
- CPR when advanced airway in place